

WHAT YOU WILL LEARN

In this workshop, you will learn about the unknown causes of behaviour and the central role emotion and thought play in communication and performance.

It turns out that three features in our communication system enable us to really connect with the audience. In this workshop, you will learn what they are and how to use them.

You will also learn that emotion plays a key role and that everybody uses about three to four emotions simultaneously when they talk. Some of them are beneficial for the way you come across. If you intensify these emotions, you can unleash the best version of yourself on stage with minimal effort.

Together with the three tools to connect, you can boost the impact on your audience.

All in all, you will learn that:

1. attention and connection play a key role on stage
2. emotion tends to colour everything you do and say
3. enhancing positive emotions will make you look smart
4. if you dare to love the audience, they will love you back

A FRIENDLY WARNING

This workshop is an excellent way to inspire. If your goal is to master these skills, we recommend the Theatre Skills for Presenters or The Art of Giving Presentations courses.

If inspiration is enough, this workshop is just what you need.

PRACTICALITIES

The *Best Side of You on Stage Workshop* can range from 90 minutes to half a day. You will be provided with a booklet detailing the workshop content. The maximum number of participants per trainer is 60.

For up to 60 participants, we require a large room with a flip-chart and chairs arranged in one or more concentric half circles, with an open space in front of them that is large enough for everyone to stand in a circle.

In a 90-minute version with a bigger group, there is no time for individual feedback. In a group of 10 people and a workshop duration of half a day, individual feedback becomes possible.

WHO FOR?

The *Best Side of You on Stage Workshop* is designed for everyone curious to see what secret causes drive our communication behaviour and how they can impact your performance. The workshop is open to both experienced and inexperienced presenters, as the skills we teach are, in most cases, new to everybody.

ABOUT ARTESC

Artesc builds a bridge between the performing arts and communication in science, teaching, business and law.

At present, our theatre and prose skills courses are used to improve professional communication in fourteen countries.

We are proud to have helped thousands of scientists, teachers, business and law professionals to reach a substantially higher level of presenting, teaching and writing.

www.artesc.org * office@artesc.org * 0031 – 411 - 632158

BEST SIDE OF YOU ON STAGE WORKSHOP

Present & Reach

If you have no time to spare but you do want to make a substantially better impression on stage, you should learn to use these tricks. If you examine the role of emotion in your performance, you will find that it colours everything you do. Unfortunately, you use four different emotions at the same time.

What if you pick the one that makes you look your best and make that bigger? Then, you can simply get the best side of you on stage.

BECAUSE YOUR IDEAS
CAN CHANGE THE WORLD